

Research abstract in Arabic

Hypothetical reality technology and its impact on the skillful and cognitive perspective in the lesson of the physical education of prep stage students

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The research aims at building an educational program by using the hypothetical reality technology and its impact on the skillful and cognitive perspective in the lesson of the physical education of prep stage students. The researcher used the empirical method by designing two groups experimental group (using of hypothetical reality technology) consisted of 30 and control group (explanation and presentation method) consisted of 30. They were chosen in a random way.

After collecting the data and the statistical processes and results, the researcher concluded the following conclusions and recommendations:

- The hypothetical reality technology has more effective and positive impact on the skillful learning and cognition achievement of some football skills under consideration comparing to the explanation and representation method:
- Using the hypothetical reality technology in the educational process because it has positive impact on learning and interesting of developing different styles on the educational process and not to depend on one style only coping with the educational update and development.

Key words:

Hypothetical reality technology - skillful perspective / cognitive perspective – physical education lesson)